



# ST. THOMAS THE APOSTLE

333 Highway 18, Old Bridge, NJ 08857 732-251-4812



March 2021

Dear Parents and Guardians,

If at any time you travel outside the state of New Jersey beyond the immediate region (New York, Connecticut, Pennsylvania, and Delaware), please be sure that you follow the travel guidelines put forth by the NJ Department of Health (<https://covid19.nj.gov/faqs/nj-information/travel-and-transportation/are-there-travel-restrictions-to-or-from-new-jersey>). The guidelines are as follows:

- If travel is unavoidable, travelers should consider getting tested with a viral test (not an antibody test) 1-3 days before the trip and again **3-5 days after** the trip. (Please note that only PCR tests will be accepted by St. Thomas the Apostle, not rapid result tests.)
- If travelers test positive, they should **self-isolate for at least 10 days** and should postpone travel during that time.
- If travelers test negative, they should **quarantine for a full 7 days** after travel.
- If testing is not available (or the results are delayed), travelers should **quarantine for a full 10 days** after travel. \*

*\*The 10 days begin the day after your return, i.e. if you return on the 10th, your quarantine period should be from the 11th through the 20th, and return to school would be on the 21st.*

If you are traveling and need your students to quarantine upon their return, they may participate in remote learning during their quarantine. Notice must be sent to the school IN ADVANCE that your family will be traveling. Please send a note to your child's teacher letting them know the dates of your travel, as well as your destination. If your child is tested upon their return, a copy of the test results must be sent to the nurse's office ([nurse@sttaob.com](mailto:nurse@sttaob.com)). Also, the students must bring all of their necessary supplies home with them on the last day that they are in the building before travel; students will not be allowed to come to the building upon their return to get books or supplies. Finally, as a reminder, it is the policy of St. Thomas the Apostle that no school work or assignments will be given in advance of travel. All work must be made up upon the student's return to school.

If you have any additional questions, please contact the school office or the nurse's office. Thank you for your cooperation in helping us to keep our students and faculty safe and healthy!

Sincerely,

Ms. Annette Pioppo, Principal and Ms. Marissa Dante, School Nurse